

Life for the Sophisticated Florida Woman

Wive

**Look
Your
BEST!**

Cosmetic
treatments
you should
know

*Pamper
Yourself*
Spa treatments
you can do

**NO MORE
FOOD
FIGHTS!**

Get your
kids to
eat right

**15 TIPS
for Healthy
Living**

Live Healthy!

\$3.95
Display until Jan 31



Miss Universe 2006
wearing Fianluca



POUR LE MOUVE

Look as good at the gym as you do out on the town with fashions from ANATOMIE. ANATOMIE is available at www.anatomiestyle.com or Ritz Carlton in Naples and Four Seasons Palm Beach.

Game GEAR

Fashionable activewear you'll love



Who says fitness can't be fashionable? Surely not these activewear companies. These days athletes and aficionados alike are taking notice of the fashionable finds for their active lifestyles. And companies like Ame & Lulu and ANATOMIE show us that not only will your sports get you feeling good but you will look good while doing it too. So here are a few new styles that will motivate you to get you up and moving, knowing all the while you'll look just as good as you feel.

POUR LE MOUVE

Who says tennis whites have to be boring? Add some pizzazz to your white with a style by Escada Sport. You'll look so stylish you may never make it past the clubhouse. Find it at Escada, Bal Harbour.

POUR LE MOUVE

Keep your golf game and your wardrobe in check with this fun belt that doubles as a convenient tee holder by Ame & Lulu. With golf and tennis accessories by Ame & Lulu, your game will never have looked better. Find it at www.ameandlulu.com.



POUR LE MOUVE

Look great in and out of the waves with these colorful boardshorts and boardskirt by Island Company. From bikinis and swimwear to t-shirts, boardskirts, shorts and polos, Island Company will have you looking great in the sun. Find it at www.islandcompany.com.

